



# California Crusader News

VOL. 31 NO. 20

MULTI-CULTURAL COMMUNITY NEWSPAPER

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## Hawthorne Chamber of Commerce and South Bay Workforce Investment Board Celebrate Award Winning Mothers for Mother's Day

The Hawthorne Chamber of Commerce and South Bay Workforce Investment Board (SBWIB) recognize award winning mothers and grandmothers at the Hawthorne Teen Center on Thursday, May 09, 2019. Students nominated their mothers and grandmothers for being the best mothers in the world, winners were then invited to the Hawthorne Teen Center for a celebration that included words of gratitude, games, certificates and donated gift cards from the Hawthorne Chamber of Commerce.

In attendance were Patricia Donaldson, President of the Hawthorne Chamber of Commerce, Deanna Latimore and Sheryl Singh, Hawthorne Chamber of Commerce Board Members, mothers/grandmothers and teens of the teen center.

Nominated mothers were from low income background and hard working mothers. Mothers/grandmothers expressed appreciation for the opportunity to be celebrated and spend time with their children.



Sheryl Singh, Hawthorne Chamber Board of Directors and Patricia Donaldson, President of the Hawthorne Chamber of Commerce

see HAWTHORNE Pg. 5

## Activists again flood Torrance council meeting, demand officers be fired for December killing

One week after rallying outside the house of Torrance Mayor Pat Furey, activists and relatives of Christopher De'Andre Mitchell descended once again on a City Council meeting Tuesday night to demand the city fire the police officers who shot Mitchell to death.

It was the first council meeting since the city released body-cam footage of the deadly Dec. 9 confrontation between officers and Mitchell in the parking lot of a Carson Street supermarket. Mitchell's family and Black Lives Matter activists had demanded the video be released during protests at every City Council meeting since January.

Now that the video — both edited and unedited versions — has been released to the public showing how Mitchell died, activists have been pushing their cause on social media, encouraging people to confront Torrance officials Tuesday to demand that the officers be publicly identified and fired.

For months, the City Council has placed the topic of Mitchell's shooting on the agenda to give the activists a



place to speak, but City Manager LeRoy Jackson said Tuesday's meeting would be "the last and closing update on Christopher Mitchell."

'Split-second decisions' Jackson invited Police Chief Eve Irvine to address the crowd, and she told

the activists: "The job of a police officer is difficult and dangerous. Sometimes they are forced to make split-second decisions."

Irvine said she recognized that it was difficult to discern what was happening in the officer's body-cam footage, but

she said the city released the video to provide the public with factual information.

"I hope the folks who have questions about this tape take the time to watch the video on YouTube," Irvine said.

see ACTIVIST Pg. 5

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Published Weekly — Deadline

— Monday prior

to Thursday issue date.

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*Believe In Yourself*



By Judith Costa

You can simplify your life by relying on yourself and trusting the Universe. There is no need to control every little detail of your life or to plan everything. Your self-confidence doesn't come from the certainty that your decisions are totally right, just the opposite. It comes from the idea that you make decisions asking yourself what is the best for you in this moment and relying on your own guidance system. You are always supported and guided. The Universe works for you, and it is ready to respond to your desires, but you need to believe in yourself and to trust the process of life.

There are no mistakes in life. There are not right or wrong decisions. Just decisions you made in a concrete moment of time. If you stop judging yourself and your life, you will immediately start feeling more confident about yourself, and you will also enjoy your life more. There is less pressure to decide when you give yourself permission to change your life. Stop searching for security and comfort, and start going where your fears did not allow you to go before. Everything is possible if you believe it is. You will stop seeing obstacles

and difficulties along the path if you observe yourself carefully and you will begin to understand the way you go through life, your patterns. Look within yourself to understand the reasons why you remain in certain situations or relationships that are not serving you anymore. Make yourself ready to embrace a new life. Forgive and let go. Look at your life with a different attitude. Choose a new perspective. Allow yourself to make a shift in consciousness. You have the power. There is always a way. Maybe not the way you have imagined, but a way. There are always choices. Train your mind to be your ally, not your enemy. Choose empowering thoughts and embrace your emotions. Listen to the voice of your intuition. Ask for help, it doesn't make you weak. You will be helped if you allow it. The Universe has unimaginable powers to transform your life positively, but you need to ask for what you want, and trust that it can happen to you, or that you can have it. Believe in yourself and in your power to create your own destiny.

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**La Mirada-Mira Costa playoff baseball game postponed due to weather**



La Mirada and Mira Costa will have to wait another day to face each other.

The CIF-Southern Section Division 1 quarterfinal game between the Matadores and Mustangs was scheduled to take place Friday afternoon but was delayed to Saturday due to weather in La Mirada.

First pitch for the game, which will take place at the Matadores' home field, will be at 3:15 p.m.

La Mirada is 25-6 this season and won the Suburban League with an undefeated 9-0 mark to earn the three seed in the CIF-SS Division 1 bracket.

Mira Costa won the Bay League with a 9-1 record and finished the year 23-8. The Mustangs beat JSerra and six-seed Sherman Oaks Notre Dame in a couple of one-win games to reach the quarterfinals.

The winner of La Mirada-Mira Costa will face the winner of Yucaipa-Cypress in the semifinals.

“This would not have happened without Dr. Mannon,” Lee said. “His steady hand on the wheel kept it going forward and kept it true to its original roots.”

Going into this project, Lee said, was a political tenuous situation at best. Four out of five previous attempts to get bond funding had failed for the Torrance School District. When Measure Y was passed, Lee said it was a make-or-break moment for the district.

“None of this happens unless the citizens of Torrance believed in what we were saying and trusted us to execute,” he said. “That’s humbling everyday.”

So what’s the district’s next move? Well, more projects of course.

Measure Y was intended to fund capital improvement projects for the district — things like flooring, lighting, windows, plumbing issues — the routine refurbishing that any high-usage buildings like schools require after decades of constant use. Now that those are largely finished, with \$6.5 million still remaining, Mannon and the school board are setting their sights on more of the same — replacing concrete in areas where it’s damaged throughout Torrance’s high schools. They’re also looking to replace windows in Torrance Elementary School, increase the size of the parking lot at Jefferson Middle School while also resurfacing the asphalt on the the playgrounds of Adams Elementary School and Hickory Elementary School.

But the district’s ongoing (and recently completed) projects go far beyond Measure Y. The district has three other bonds that have funded projects for years now.

With funding from additional bonds provided by voter-approved Measure T and U in 2014 — collectively \$194 million — the school district renovated the aging Torrance High School auditorium in 2017 and finished a new auditorium at the West High School about a year ago, Mannon said.

By next week, Mannon said, North High School will have a new auditorium, too. And, by the end of June, the South High School will have one as well.

The software is a cloud-based database which stores visitors’ identities so that they can check-in more quickly when they return to the school at a later date. It also allows school officials to make notes on specific visitors’ files, enabling them to note if there is, for example, a restraining order against a specific parent or relative.

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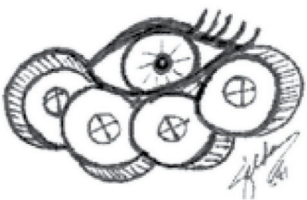
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# THE ROVING EYE

## FPCAC - Celebrates Rickey Minor



**Fernando Pullum (Executive Director FPCAC), Rickey Minor (Musician) and David Price (Office of Mayor Garcetti)**

By Earl Heath

With Help From My Friends was an old song written by John Lennon and Paul McCartney and sang by the Beatles more than fifty year ago (1967). Its lyrics were on display recently as

many in the music world gathered at the CATALINA CLUB in Hollywood for the Fernando Pullum Community Arts Center- Annual Gala. They honored Ricky Minor the legendary music composer, director and producer.

Minor was best known as the music director and band leader of the Tonight Show with Jay Leno from 2014 to 2014.

Born in Monroe, Louisiana and raised by a single mother Helen Bliven's in South Los Angeles where he attended Jefferson high. Minor has been director of several major events that include: Grammy awards , The NAACP Image Awards and this year's Super Bowl he is also part of the American Idol Band. He has served as musical director for several superstars including: Ray Charles, Christina Aguilera, Whitney Houston, Alicia Keys and Beyonce'. Minor has been involved with students at the Pullum center for years. He has assisted them in life and in the music business. He has conducted them in various events including the Emmy's Composer Awards. Minor has also made several employment opportunities available for FPCAC students.

"He has a deep caring for the kids and community," said Founder Fernando Pullum. "He has a genuine place in his heart for the kids."

Some " Friends" in attendance like Jackson Brown sang two of his big



**Verdine White (Earth Wind and Fire), and Rickey Minor-(Music Director) share a moment at the FPCAC-Gala**

hits. "Running on Empty " and "Doctor My Eyes" He was joined on stage by back-up singers Chavonne Stewart and Alethea Mills the two are former FPCAC members and Alumni of Washington Prep high in South Los Angeles.

"Fernando is my brother from another mother," said Brown. The seven time Grammy nominee has shared his recording studio with the Jazz Band of FPCAC and allowed them to record a Jazz tracks.

Kenya and Lalah Hathaway daughters of R&B singer Donny Hathaway. Kenya performed with many well known artist such as Lee Ritenour. She also has performed some 30 times on American Idol. Sister Lalah is an arranger, song-writer, pianist and record producer.

Verdine White (Earth wind and Fire)

played bass on stage with Minor and the FPCAC musicians. They performed "September " and received a rousing applause from the 400 people in attendance.

"Rickey played a lot of our songs whenever he had the opportunity, whether it was the "Tonight Show" or other events", said White. "It because of people like him that we have a younger audience today."

FPCAC is home office is located in Liemert Park.100% of the students who stay in the program graduate from high school while 80% go on to college. They have played in the MLK parade, where some 50,000 packed parade route of Los Angeles. They have played at the American Music awards on national TV, the Gardena Jazz Festival in front of 20,000, and countless other events.

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## When To Use A Blender vs. A Food Processor



In the grand pantheon of Important Kitchen Appliances, the blender and the food processor both claim prime positions. And indeed, these pieces of equipment share many similarities: They're both motorized and designed to mix ingredients together.

However, contrary to popular belief, these two appliances aren't totally interchangeable. While certain foods can be equally well-made using either machine, blenders and food processors have structural differences to make them each uniquely suited to specific culinary tasks.

The Difference Between These Appliances

The short story: A blender is typically better for foods that will end up mostly liquid, whereas a food processor is better for foods that will end up being mostly solid.

Blenders and food processors both use blades and motors to accomplish their tasks, but the particular mechanisms of each device are crucially different. According to Bon Appetit, the motor of a blender is typically more powerful than that of a food processor, which creates the silky-smooth texture so characteristic of blended foods. However, blender blades "are not super sharp. In fact, they're basically blunt ob-

jects." Because of this, blenders are better for handling liquids and creating smooth textures.

A food processor, on the other hand, uses "ridged and razor-sharp" blades, which allow them to slice through thicker and more substantial foods. This, plus the addition of accessories like a shredder blade, allows a food processor to accomplish a number of tasks such as chopping and shredding.

### Best Foods For The Blender

- Cocktails, Smoothies And Sauces
- Hollandaise
- Purees
- Cake And Pastry Batters
- Baby Food

### Worst Food For The Blender

- Cauliflower Rice

### Best Foods For The Food Processor

- Pie And Biscuit Dough
- Pasta Dough
- Breadcrumbs, Chopped Nuts And Chopped Veggies
- Textured Dips And Spreads

### Worst Food For The Food Processor

- Pureed Soup

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## Like Totally festival in Huntington Beach canceled by organizers

The '80s-themed Like Totally music festival set for Huntington State Beach on Saturday, May 11, has been canceled, organizers announced 24 hours before the show was set to begin.

The plug was pulled because organizers did not provide adequate safety documentation required for the main stage, according to California State Parks officials.

A post on the festival's website, liketotallyfestival.com, Friday morning said the event, which included acts such as Public Image Ltd., ABC with Martin Fry and The Romantics on the bill for its fourth year, wasn't happening on Saturday, but organizers were working on rescheduling.

"We are very saddened to announce the cancellation of the Like Totally music festival this Saturday, May 11th. We unfortunately have issues we cannot resolve to continue and for the safety and well-being of the bands and fans we have to make this decision. We apologize for the inconvenience. We are working on rescheduling the festival for a later date and tickets will be honored at that time.

"Thank you for being a fan!" the post reads.

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Jeff David, lifeguard chief for Bolsa Chica and Huntington Beach state beaches, said operators could not provide the state fire code requirements, specifically a structural engineering report for the stage to prove it was sound and could hold a certain number of people.

"They elected to cancel the event," said David, who said he wondered if the weather had something to do with the withdrawal.

However, ticket holders posted on social media that the event had been advertised as "rain or shine."

David said the festival had sold



about 6,000 tickets, a small-scale event when compared to some of the larger festivals held on the sand. It was the first time an event at Huntington State Beach had been canceled, David said.

Fans expressed disappointment and frustration in comments on the organizers' Facebook post about the cancellation. Some had flown or driven in from other states for the festival.

Kelly McGraw was among the fans disappointed in the news. She has attended Like Totally since its first year, which was in Santa Ana. The Rancho Cucamonga resident described previous editions as "so much fun," and said she didn't have any issues with the festival in previous years.

"I was so looking forward to it. It was a great lineup," she said.

McGraw and her husband usually drive out the night before and stay in a hotel that night and after the show to avoid the hour-long drive. But by the time the festival's cancellation was announced, she wasn't able to get a full refund from her hotel, the Waterfront by Hilton because that window for canceling had passed. She had some concerns after a now-deleted post on the event's Facebook page showed a different setup than previous years and she and other fans questioned the positioning of VIP and general admission areas.

After the cancellation, McGraw bought tickets to see former members of '80s band Oingo Boingo at

the Canyon in Montclair on Saturday. "I had to find a silver lining," she said. The festival's cancellation comes two days after Like Totally headlining act The Bangles posted on social media that the band wouldn't be performing due to "unforeseen circumstances."

Other artists who had been on the lineup included The Smithereens featuring Marshall Crenshaw, The Tubes, Animotion, Josie Cotton, Greg Kihn Band, Tommy Tutone, China Crisis and an All-Star Jam Featuring: The Reflexx & Flashback Heart Attack, Richard Page of Mr. Mister, Debora Iyall of Romeo Void, Martha Davis of The Motels, Deon Estus of Wham! and Jerry Miller of The Untouchables.

Scott Tucker, from festival promoter Sellout Productions, wrote in an email that organizers have talked to all of the bands and a number of them, including the Romantics, the Smithereens, the Tubes, the Greg Kihn Band, Tommy Tutone and Public Image, Ltd. agreed to a rescheduled date. He also said organizers were looking at dates and locations. "Thanks for the support and sorry this happened but we will move on," Tucker wrote.

No information had been posted about refunds as of early Friday afternoon.

"I hope they make it right for people," McGraw said.

A press release from the State Parks department about the cancellation encouraged ticket holders to contact promoter Sellout Productions, at [contact@liketotallyfestival.com](mailto:contact@liketotallyfestival.com) or 888-878-2074.

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## Kamala Harris Opens Up About Being A Stepmom In Personal Essay



Sen. Kamala Harris (D-Calif.) opened up about her experience as a stepmom in a personal essay for Elle in honor of Mother's Day.

The 2020 presidential hopeful became stepmother to her husband Doug Emhoff's two children, Cole and Ella, when they married in 2014. In the essay, Harris explained that she and Emhoff "took it slow" when it came to introducing her to the kids. "As a child of divorce, I knew how hard it could be when your parents start to date other people. And I was determined not to insert myself in their lives until Doug and I had established we were in this for the long haul," she wrote. "Children need consistency; I didn't want to insert myself into their lives as a temporary fixture because I didn't want to disappoint them. There's nothing worse than disappointing a child."

When Harris did finally meet Emhoff's children, she was nervous about making a good first impression, but she found they were incredibly welcoming.

Fast forward a few years, and she's their "Momala," a word Cole and Ella came up with after agreeing with Harris that they didn't like the term "stepmom." She said she's developed a close relationship with their mother, Kerstin, as well.

"They are brilliant, talented, funny kids who have grown to be remarkable adults," she noted. "I was already hooked on Doug, but I believe it was Cole and Ella who reeled me in."

When Harris became a U.S. senator, Cole was off at college, and Ella was entering her senior year of high school. Splitting time between California and Washington, D.C., caused her to miss quite a few family events, including Ella's swim meets and much to the senator's dismay, her high school graduation.

"And it was Maggie Hassan, the senator from New Hampshire, who offered me some sage wisdom. 'Our kids love us for who we are and the sacrifices we make,' she said. 'They get it.'"

Though it can be difficult for all working parents to strike a good balance, Harris said she's fortunate that, just as Hassan said, her stepchildren "get it."

"They are my endless source of love and pure joy. I am so thankful to Doug, to Kerstin, and most of all, to Ella and Cole," she wrote. "And as our family embarks together on this new journey ... I can say one thing with certainty, my heart wouldn't be whole, nor my life full, without them."

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## 'Empire' to end after Season 6 with 'no plans' to bring Jussie Smollett back

Fox announced that its hit drama "Empire" will end after Season 6 and that there are still no plans to bring back Jussie Smollett's character.

The series recently aired the Season 5 finale after writing the embattled star out of the final episodes. Smollett was accused of faking a hate crime attack against himself in Chicago. He maintained his innocence and the 16 charges against him were ultimately dropped.

Speaking to reporters during a press call Monday, Fox Entertainment CEO Charlie Collier revealed that Season 6 will be the show's last.

"We're turning the final season of Empire into a large television event. If you look at what we're doing with Empire... we really are trying to go out guns a-blazing," Collier said (via Entertainment Tonight). "One of the great benefits of announcing a final season is to allow the fans to lean in and to have the ending they deserve, and that's everything we're trying to do with this iconic series. Six years is

a pretty remarkable run for a drama series and we feel good about it."

As Variety notes, Collier was asked if the news means Smollett's character, Jamal, will return for a final farewell. He explained that there are no such plans, but that it's possible.

"At this point, we have no plans for that," Collier said. "The writer's room for next season hasn't even gathered yet."

20th Century Fox TV previously told Fox News that there were no plans to include Smollett in Season 6 of "Empire" despite his contract being extended.

A spokesperson for Smollett told Fox News at the time: "We've been told that Jussie will not be on 'Empire' in the beginning of the season but he



appreciates they have extended his contract to keep Jamal's future open. Most importantly he is grateful to Fox and 'Empire' leadership, cast, crew and fans for their unwavering support."

"Empire" showrunner Brett Mahoney previously said that Season 6 will be a "reset" for the series and that he believes other characters will step up narratively to fill the void left behind by Jamal's absence.

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## An Instagram With No 'Likes' Could Have A Big Impact On Mental Health

Scrolling down, Roberts saw the effects of the change: Gone were the 500,000+ likes Chris Pratt would generally get on a random photo of his lambs (#farmlife), and gone, too, was the modest, lower-digit "like" count she'd get on a hiking photo. (Gone-ish, anyway — on the backend, an uploader can see who liked their pic and manually count the names, if they're so inclined.)



Roughly two weeks into the test, Roberts said she could get used to a like-less Instagram.

"Personally, I love not seeing the like count," she told HuffPost. "It feels a bit weird to say, but I've stopped comparing myself to bigger accounts. I've also been more personal with the things I actually like versus what everyone else is liking. This feels like more of what Instagram should be rather than an advertisement of ourselves on our page."

Roberts is among the Canadian users testing a version of the platform that "hides" likes in order to emphasize the content itself. During Facebook's F8 developer conference late last month, Instagram chief Adam Mosseri explained that, while followers will still be able to like and comment on your photos or videos, the outside world won't be privy to the exact count of people who've liked a post.

This kinder, gentler version of Instagram is inspired by the app's wildly successful Instagram stories, which, like Snapchat, stay up for only 24 hours and don't outwardly show

who's seen the post.

Given Instagram's recent increased efforts to prioritize mental health — Instagram Stories were created in part to alleviate the pressure of receiving likes — the test makes a lot of sense. At F8, Mosseri said that this feature was set up in order to create a "less pressurized environment where people feel comfortable expressing themselves." (Likes can also create a false sense of engagement, given the number of bots and services that exist to send fake likes to posts.)

Even better for Instagram's bottom line — i.e. time spent on site — Canadians we spoke to said they're posting more, without the built-up anxiety they used to feel about how the post would perform.

Cam, a 20-year-old on the east coast of Canada, said the test has totally changed the way he interacts with the app. Like many of us, he sees his feed as an extension of himself, so naturally, he gets a little bummed when something he posts doesn't get many likes. He's even deleted posts if they're particularly low performing.

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### HAWTHORNE from Pg. 1

The SBWIB operates four One Stop Business & Career Centers within its South Bay service area plus two Teen Centers in Inglewood and Hawthorne providing no cost adult, youth and business services. For further information, please call (310) 970-7700 or visit sbwib.org.



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Hawthorne Chamber of Commerce and South Bay Workforce Investment Board recognize award winning mothers with gift certificates donated by the Hawthorne Chamber of Commerce for Mother's Day, Thursday, May 09, 2019 at the Hawthorne Teen Center

### ACTIVIST from Pg. 1

Activists yelled over her, making it difficult to hear the end of her address, even when she was amplified by speakers and a microphone.

"Shame," they yelled, over and over again.

"It could have been prevented, chief," yelled Sherlyn Haynes, Mitchell's mother.

In response to ongoing calls for officers' names to be released, Irvine said they have been withheld because of credible threats — both the graffiti displayed in the city's video and additional threats that she said were made over social media.

"Until all the evidence and facts are available, no disciplinary action, if any, will be taken against the officers," she said.

Incendiary comments prompt adjournment

Following the trend of the previous three council meetings, activist Evan Regis Bunch's incendiary comments — as he went over his allotted three minutes of public speaking — once again prompted council members to take a recess.

Bunch had demanded to know whether the District Attorney's Office had an open investigation into Mitchell's shoot-

ing. When his time was up, he refused to leave.

"You know what's going to happen now," said Furey, shortly before recessing the meeting.

Activists didn't leave the council chambers, even as police officers descended into the front of the room. They chanted: "Say his name: Christopher De'Andre Mitchell."

City Attorney Patrick Sullivan came back to say that if they protesters didn't clear the room, the meeting would be adjourned. The protesters didn't move.

"Do y'all care if they finish their meeting?" asked one activist.

Haynes cried as the protesters surrounded her: "My baby ain't gonna be home for Mother's Day."

For the first time all meeting, the room went silent. Police officers stood on the dais as protesters gathered in the front of the room and joined hands in prayer.

3 dozen protesters

Before the meeting adjourned, the protesters — many of them now familiar faces — took their turn in three-minute intervals at the microphone. More than three dozen gave their support, calling for an independent civilian oversight commission and for the officers names to be released.

Haynes was among the first to speak.

"Your cops assassinated my son and you assassinated his character — that's what you wanted the media to know," she said, criticizing the editing and narration in the video, while chiding the police for including his criminal record in the video.

Mitchell was in a stolen vehicle when officers approached him and ordered him not to move, but he lowered his hands from the steering wheel. Officers say he was shot four times when he reached for an air rifle between his legs, but that isn't evident from the video.

Black Lives Matter Los Angeles posted an abridged, 32-second version of the unedited video that shows Mitchell's death and the moments directly afterwards. A title card preceding the video notes that Mitchell was killed in less than 15 seconds after officers made contact with him and that he appeared to be complying with police orders.

At the time of publication, it had more than 350,000 views on Instagram.

That same video was posted to Twitter, where it was shared by activists like David Hogg, a survivor of the Stoneman Douglas High School shooting, as well as celebrities, like actress Alyssa Milano and filmmaker Tariq Nasheed.

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# LA STADIUM & ENTERTAINMENT DISTRICT AT HOLLYWOOD PARK



## COMMUNITY MEETING REUNIÓN COMUNITARIA

**LOS ANGELES STADIUM & ENTERTAINMENT DISTRICT AT HOLLYWOOD PARK  
ESTADIO LOS ÁNGELES Y DISTRITO DE ENTRETENIMIENTO EN HOLLYWOOD PARK**

► **Thursday, May 16, 2019 • Jueves, 16 de mayo de 2019**

**7:00 P.M. • Holy Trinity Evangelical Lutheran Church**

9300 South Crenshaw Boulevard, Inglewood, CA 90305

Key representatives of the Los Angeles Stadium & Entertainment District at Hollywood Park will host an informational meeting regarding stadium construction. Learn more about the upcoming work and project progress on the 298-acre development.

The project team will be available to answer construction-related questions from the community.

### **CONTACT US**

**phone:** 310-743-5186

**email:** [lastadium@tcco.com](mailto:lastadium@tcco.com)

Los representantes claves del Distrito de Entretenimiento en Hollywood Park presidirán una reunión informativa relacionada con la construcción del lugar. Conozca más acerca de las obras futuras y el progreso del proyecto sobre 298 acres.

El equipo del proyecto estará disponible para responder las preguntas de la comunidad que estén relacionadas con la construcción.

### **COMUNÍQUESE AL**

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